

Checklist



Driving Checklist

Have your co-driver help to ensure that you will stick to the following rules:

- Review the pre-planned route together before setting off
- Refer to route directions on the map concurrently with the GPS during the drive
- Buckle up for every drive, no matter how short
- Refrain from alcohol prior to driving
- Keep both hands on the wheel
- Drive defensively and cautiously
- Take a break at various rest points every 2 hours
- Ensure that you are fit to drive
- Keep a safety distance from vehicle ahead
- Slow down slightly if driver behind is tailgating
- Slow down in poor road conditions or when visibility is limited
- Keep calm and confident during the drive
- Concentrate on driving and avoid internal distractions such as the usage of hand held mobile phone